

# Raw Chocolate, Oat, Walnut And Orange Balls

A very easy and healthy dessert, but you won't be able to stop at just one. Sweetened with dates, source of omega-3, fiber, protein, phytochemicals and antioxidants.

## Categories

Gluten-free

Yields: 12 servings

Preparation time: 5 mins

Cooking time: 0 mins

Category: Desserts

Complexity: Moderate

Vegan experience: Absolute beginner

Preparation style: Raw

## Ingredients

Oats	2 cups
Walnuts	0.33 cup
Organic cacao raw powder	3 x 1 tbsp
Orange peel	1 tablespoon
Orange juice, fresh	0.5 cup
Dates (medjool)	3 dates, pitted

## Instructions

1. Grate 1 tbsp of orange zest and squeeze 1/2 cup orange juice. Use rolled oats.
2. Mix all ingredients in a blender and blend until well combined. Alternatively use a food processor. Blend until well combined and mostly smooth.
2. form into small round balls. Can be stored in refrigerator for at least a week.