

Garlic Edamame

A great twist on an easy favourite. Addictively delicious.

Categories

Gluten-free

Yields: 4 servings

Preparation time: 2 mins

Cooking time: 10 mins

Category: Side Dishes



Ingredients

Edamame, green or immature, cooked from frozen	500 grams
Olive oil	1 teaspoon
Salt, sea salt	1 teaspoon
Garlic, fresh	2 cloves

Instructions

1. Steam or boil edamame as per package directions.
2. Place cooked edamame in a large bowl. Add oil, salt, and crushed garlic. You can crush garlic with a garlic press or mince garlic if you don't have a press. Eat while still warm.