

Cashew Caesar Salad

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Categories

Gluten-free

Yields: 1 serving

Preparation time: 120 mins

Cooking time: 15 mins

Category: Salads and dressings

Complexity: Moderate

Vegan experience: Moderate

Preparation style: Raw

Ingredients

| | |
|------------------------|-----------|
| Lettuce (romaine, raw) | 1 bunch |
| Cashews, raw | 1 cup |
| Avocado, green skin | 2 slice |
| Garlic cloves | 3 x 1 tsp |

Instructions

Soak 1 cup of cashews for 2 hours

Blend 3 cloves of garlic

3 teaspoons of Dijon mustard

1/4 teaspoon of ground pepper, add one cup of water and blend

1/3 stalk of romaine lettuce

1/2 avocado cut into cubes

Few cashews sprinkled on top on salad